



HIV and Aging Policy

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Panelists

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People Aging with HIV

- ➤ People living with HIV who are 50 years and older
- ➤ People younger than 50:
 - Who are living with HIV since before effective treatments (before 1996)
 - Who are living with HIV for 10 years are more but since effective treatment (1996 and after)
 - Who have been living with HIV since their birth
- Many people aging with HIV have been living with HIV through different stages in their lives
- Ongoing need to understand the relationship between HIV and aging

Source: The Well Project and The Reunion Project



People 50 Years and Older Who Are Living with HIV

- In 2021, persons 50 years and older accounted for over 53% of all people living with HIV in the United States.
- In 2021, persons 50 years and older accounted for 16.4% of all HIV diagnoses among persons aged ≥ 13 years.
- Source: Volume 34 | HIV Surveillance | Reports | Resource Library | HIV/AIDS | CDC



People 50 Years and Older Who Are Living with HIV

Challenges faced by older people with HIV

- Difficulties in accessing and managing comprehensive and integrated health care
- Need for mental health programs and substance and alcohol use treatment programs
- Need for housing, food and nutrition, employment, and other socioeconomic support services
- Need for long-term care
- Need for programs that address loneliness and social isolation
- Need to dismantle stigma and discrimination

